

Ask about COVID-19 prevention

A guide to talking to your doctor

You may be at higher risk of COVID-19, but there are several measures you can take to help stay protected, even if you are immunocompromised. Using multiple layers of prevention can help provide the best protection. Your doctor may suggest several therapeutic options for you, including vaccines and monoclonal antibodies. Find out more by talking to your doctor today.

Here are a few questions to ask your doctor:

- Who's at risk of more severe disease or outcomes from COVID-19?
- Could my existing health conditions mean I'm immunocompromised?
- Am I at higher risk and why?
- Is it safe for me to hug my friends and family, go outside to get groceries, attend group classes, or do other daily activities?
- Are there any other therapeutic options available for me (for example, vaccines, monoclonal antibodies)?
- What additional options do I have to prevent COVID-19 and give me an extra layer of protection?

Your doctor may ask you:

- What measures are you currently taking to protect yourself from COVID-19?
- Have you recently been ill or have you had any infections?
- Do you have any medical conditions?
- Have you recently undergone any medical procedures or had any vaccinations?
- What other medications are you currently taking?

Notes:

Book an appointment with your doctor and use this discussion guide to start a conversation about COVID-19 protection.

